



November 11, 2011: **Now is the time.....**

Expand Your Consciousness of Compassion

Deepen Your Spirituality

Add your Prayerful Intent to Uplift the Community

Utilize New Tools to Co-Create Your Vision for Peace

You are invited to share and participate in a “Day of Healing and Oneness” for our community. Join us in an opportunity to expand our country’s remembrance and honoring of veterans to include our deepest desire to create a world of peace.

St. Timothy’s Episcopal Church, 900 Calhoun Street, Columbia, SC
Phone for information: 803-765-1519

Schedule of Events

- 9:30 Morning Refreshments and Registration**
- 9:45 Welcome and Invocation, by the Rev. Tula Henson, St. Timothy’s Church**
- 10:00 “Living Life from Compassion,” the Rev. Dr. Olympia Freeman, D.D, CH.t**
- 10:55 Break & Preparation**
- 11:00 Guided Visualization & Silent Reflection**
- 11:11 Community offering of Peace, Pamila Lorentz RN, MSW, LMBT**
- 11:30 “ Humanity Ascending “ (40-minute film narrated by Barbara Marx Hubbard)**
- 12:15 Simple Soup Lunch with round-table conversation**
- 1:00 Short Break**
- 1:15 “From Ego to Essence” , Barbara Borom, Ph.D**
- 2:15 “Creating Your Heart’s Vision,” Susan Hawfield, Artist and Reiki Master**
- 3:30 Conclusion**

ALL EVENTS ARE FREE AND OPEN TO THE PUBLIC

DONATIONS ARE WELCOMED